

PROCLAMATION

MEN'S HEALTH WEEK

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help, and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Fremont County Commissioners do hereby proclaim

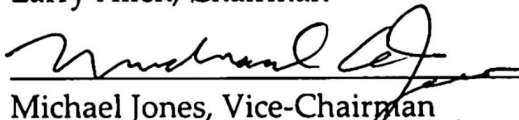
JUNE 10-16, 2024 AS MEN'S HEALTH WEEK IN FREMONT COUNTY

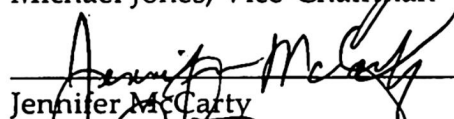
to recognize the mental and physical health needs of men and boys.


DATED this 23rd day of April, 2024

BOARD OF FREMONT COUNTY COMMISSIONERS


Larry Allen, Chairman


Michael Jones, Vice-Chairman


Jennifer McCarty


Clarence Thomas


Ron Fabrizius

ATTEST:


Julie A. Freese, County Clerk and Clerk of the Board

