

COMMISSIONERS
GEORGE MAGLARAS, *Chairman*
ROBERT J. WATSON, *Vice Chairman*
DEANNA S. ROLLO, *Clerk*

TREASURER
PAMELA J. ARNOLD

COUNTY ADMINISTRATOR
RAYMOND F. BOWER

STRAFFORD COUNTY
COMMISSIONERS
WILLIAM A. GRIMES

Justice & Administration Building
259 County Farm Road, Suite 204
Dover, New Hampshire 03820
Telephone: 603-742-1458
Fax: 603-743-4407



Proclamation

Men's Health Month – June 2024

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, The Covid-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

WHEREAS, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

NOW, THEREFORE, THE STRAFFORD COUNTY COMMISSIONERS of the State of New Hampshire, do hereby proclaim **June 2024** as **MEN'S HEALTH MONTH** and **June 10 – 16, 2024** as **MEN'S HEALTH WEEK** in the County of Strafford, State of New Hampshire, and encourage of all our citizens to pursue preventative health practices and early detection efforts throughout the year.

INTRODUCED AND PASSED by the Strafford County Board of Commissioners at a Regular Meeting on April 19, 2024 in Dover, New Hampshire.

Attest:

George Maglaras, Chairman

Robert J. Watson, Vice Chairman

Deanna S. Rollo, Clerk