

Men's Health Month

WHEREAS: Men's Health Month is part of an ongoing international effort to

educate men, boys and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS: Nationwide, life expectancy for men averages five years fewer than

that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease and

premature mortality; and

WHEREAS: The Covid-19 Pandemic has had a devastating impact on men's

health in the United States, dropping men's life expectancy by

two years; and

Men's health Month is a time for the public to recognize the mental WHEREAS:

and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

WHEREAS: The growing epidemic of suicide and substance abuse requires

special effort to raise awareness of unrecognized and

undiagnosed depression and mental stress in boys and men; and

WHEREAS: The centerpiece of Men's Health Month is National Men's Health

Week, a special awareness period passed by Congress and signed

into law by President Bill Clinton on May 31, 1994.

THEREFORE, BE IT PROCLAIMED the Derry Town Council do hereby proclaim June 10 - 16, 2024 as Men's Health Week in Derry, NH and encourage all our citizens to pursue preventative health practices and early detection efforts.

> Erin A/Spencer, Chair Councilor District #1

Douglas R. Flood

Councilor at Large

Charles H. Foote Councilor District #2 / David R. Granese Councilor at Large

ames P. MacEachern **Councilor District #3**

Councilor at Large

Brian K. Chirichiello **Councilor District #4**