



# Proclamation

- Whereas: Men's Health Month is a part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and*
- Whereas: Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and*
- Whereas: The COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and*
- Whereas: Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and*
- Whereas: The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and*
- Whereas: The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.*

Now, Therefore I, Robert M. "Bobby" Dyer, Mayor of the City of Virginia Beach, Virginia, do hereby proclaim:

## *June 2024*

### *Men's Health Month*

*and*

## *June 10-June 16, 2024*

### *Men's Health Week*

*In Virginia Beach, I call upon all the citizens of our city of Virginia Beach to join us in recognition of Men's Health Week and Men's Health Month.*

*In Witness Whereof, I have hereunto set my hand and caused the Official Seal of the City of Virginia Beach, Virginia, to be affixed this Tenth Day of June, Two Thousand and Twenty-Four.*

Robert M. "Bobby" Dyer  
Mayor