

**PROCLAMATION OF THE BOARD OF COMMISSIONERS OF  
SAN MIGUEL COUNTY, COLORADO, PROCLAIMING  
JUNE 10-16, 2024, AS MEN'S HEALTH WEEK**

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**PROCLAMATION 2024-06**

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS**, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and,

**WHEREAS**, The Covid-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and,

**WHEREAS**, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

**WHEREAS**, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS**, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

**NOW THEREFORE, BE IT RESOLVED** that the San Miguel County Board of County Commissioners Proclaim June 10-16, 2024 as Men's Health Week in San Miguel County.

**DONE AND APPROVED** by the Board of Commissioners of San Miguel County, Colorado, at a duly noticed public meeting held in Telluride, Colorado, on June 5, 2024.

BOARD OF COUNTY COMMISSIONERS  
SAN MIGUEL COUNTY, COLORADO

*Lance Waring*

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Lance Waring, Chair

ATTEST:



*Carmen Warfield*

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Carmen L. Warfield, Chief Deputy Clerk to the Board

VOTE: