

**NORTH CAROLINA**

**WAYNE COUNTY**

**2024 MEN'S HEALTH WEEK IN WAYNE COUNTY**

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings, and living healthier lifestyles; and

**WHEREAS**, nationwide, life expectancy for men averages five years less than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and


**WHEREAS**, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys, while encouraging fathers to be role models for their children through preventive health screenings, healthy living, and seeking needed help; and

**WHEREAS**, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS**, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

**NOW, THEREFORE BE IT PROCLAIMED** that the Wayne County Board of Commissioners does hereby proclaim June 10 - 16, 2024, as **MEN'S HEALTH WEEK**.

Adopted this the 4<sup>th</sup> day of June, 2024.

  
Chris Gurley, Chairman  
Wayne County Board of Commissioners

Attest:

  
Carol Bowden  
Clerk to the Board

