

Greg Edds, Chairman  
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Aaron Church, County Manager  
Sarah Pack, Clerk to the Board  
John W. Dees, II, County Attorney

## Rowan County Board of Commissioners

130 West Innes Street • Salisbury, NC 28144  
Telephone 704-216-8181 • Fax 704-216-8195

### Proclamation Establishing June 10-16 as Men's Health Week in Rowan County

Whereas, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Whereas, nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

Whereas, the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

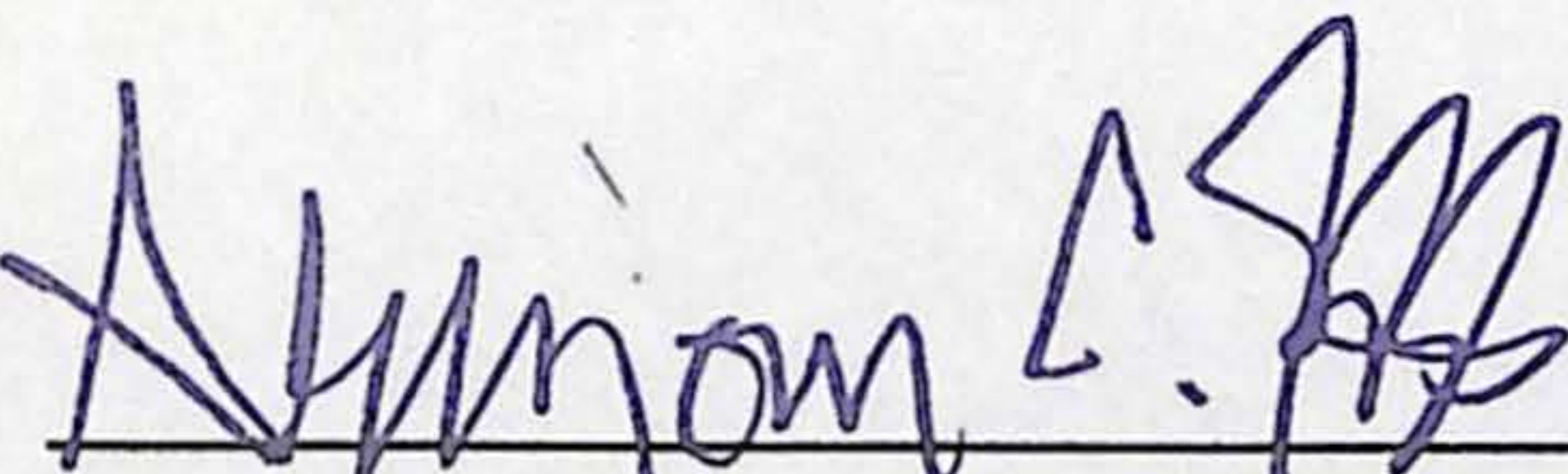
Whereas, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking needed help; and

Whereas, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and


Whereas, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now Therefore Be It Proclaimed that the Rowan County Board of Commissioners does hereby proclaim June 10 through June 16, 2024, as Men's Health Week in Rowan County, and encourages all men and boys to prioritize healthy living and participate in regular preventative health screenings.

This the 3<sup>rd</sup> day of June, 2024.

  
Greg Edds, Rowan County Chairman

ATTEST:

  
Sarah Pack, Clerk to the Board



Equal Opportunity Employment