

Town of Derry Proclamation

Men's Health Month

- WHEREAS:** Men's Health Month is part of an ongoing international effort to educate men, boys and their families about receiving regular disease prevention screenings and living healthier lifestyles; and
- WHEREAS:** Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease and premature mortality; and
- WHEREAS:** Men's Health Network is recognized for their esteem in the creation of, maintenance and champion over National efforts of the officially distinguished Men's Health Week and Month as established in 1994; and
- WHEREAS:** Men's health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and
- WHEREAS:** The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and
- WHEREAS:** The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994 and officially facilitated yearly by the efforts of Men's Health Network

THEREFORE, BE IT PROCLAIMED the Derry Town Council do hereby proclaim June 9 – 15, 2025 as Men's Health Week in Derry, NH and encourage all our citizens to pursue preventative health practices and early detection efforts.

David R. Granese
Councilor at Large

Erin A. Spencer
Councilor District #1

Charles H. Foote, Chair
Councilor District #2

John Q. Webb
Councilor at Large

James P. MacEachern
Councilor District #3

Michelle E. Mogé
Councilor at Large

Randell N. Chase
Councilor District #4