



OFFICE OF THE MAYOR
ROCK SPRINGS, WYOMING

Proclamation



WHEREAS: Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of the officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

Men's Health Month is time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

The centerpiece of Men's Health Month is National Men's Health Week; a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now, Therefore, Be it Resolved, that I, Max Mickelson, Mayor of the City of Rock Springs, do hereby declare the month of **June 9-15 2025** to be

MEN'S HEALTH WEEK

in the City of Rock Springs, Wyoming, and encourage all of our citizens to pursue preventative health practices and early detection efforts throughout the year.

**In witness whereof I have hereunto set my hand
and caused the seal of this city to be affixed.**

Mayor _____

Date _____