

PROCLAMATION

CITY OF LITTLE ROCK, ARKANSAS

Know Ye All People By These Presents Greetings:

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, nationwide, life expectancy for men averages five years less than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Men's Health Network is recognized for its esteem in the creation of, maintenance, and championing of National efforts of officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living, and seeking needed help; and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

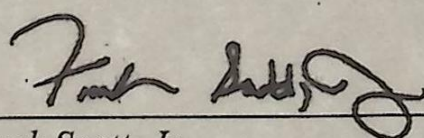
NOW, THEREFORE, I, Frank Scott, Jr., Mayor of the City of Little Rock, Arkansas, do hereby proclaim June 2025, as

Men's Health Month

in Little Rock and call upon all people of the City of Little Rock to support the health and well-being of the men and boys in their lives by promoting preventive care, encouraging open conversations about mental health, and championing healthy lifestyle choices.

IN WITNESS THEREOF, I have hereunto set my hand and caused the seal of the City of Little Rock to be affixed on this 1st Day of June, in the year of our Lord, 2025.





Frank Scott, Jr.
Mayor