

**Office of the Judge  
Logan County, Arkansas  
Proclamation**

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS**, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

**WHEREAS**, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS**, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

**THEREFORE**, I, Ray Gack, County Judge of Logan County do hereby proclaim  
June 9-15, 2025 as

**Men's Health Week in Logan County, Arkansas**

**IN TESTIMONY WHEREOF**, I have hereunto set my hand and cause the Great Seal of Logan County, Arkansas, to be affixed.



A handwritten signature in blue ink, appearing to read 'Ray Gack', written over a horizontal line.

Ray Gack, Logan County Judge

A handwritten signature in blue ink, appearing to read 'Brent Anderton', written over a horizontal line.

Brent Anderton, Logan County Clerk