

Proclamation

MEN'S HEALTH MONTH

June 2025

WHEREAS, Men's Health Month began in 1994 through the efforts of Men's Health Network and with the Congressional passage of Men's Health Week, sponsored by Senator Bob Dole (KS) and Congressman Bill Richardson (NM); Men's Health Week was signed by President Bill Clinton, and became Public Law on May 31, 1994; and

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys and their other families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Despite advances in medical technology and research, men continue to live an average of five years less than women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, National Men's Health Awareness campaign help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Norwalk Men's Health Month focuses on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

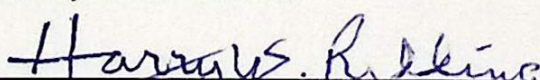
WHEREAS, The citizens of Norwalk are encouraged to increase awareness of the importance of practicing a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, HARRY W. RILLING, MAYOR OF THE CITY OF NORWALK, CONNECTICUT, do hereby proclaim the month of June as:

MEN'S HEALTH MONTH

in Norwalk, and, in so doing, encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

IN WITNESS WHEREOF, I have set my hand and caused the Seal of the City of Norwalk, Connecticut to be affixed on this 1st day of June 2025.


Harry W. Rilling, **MAYOR**
City of Norwalk, Connecticut

