



OFFICE OF THE MAYOR

PROCLAMATION

Men's Health Month 2025

WHEREAS, Men's Health Month serves as a vital reminder of the importance of educating men, boys, and their families about regular health checkups, preventive care, and making positive lifestyle choices; and

WHEREAS, on average, men in the United States live five years less than women and face higher risks of chronic conditions such as heart disease, cancer, diabetes, obesity, and other serious health concerns; and

WHEREAS, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of the officially distinguished Men's Health Month and Men's Health Week; and

WHEREAS, Men's Health Month offers an opportunity to acknowledge the physical and mental health needs of men and boys, while encouraging fathers and male role models to lead by example through regular screenings, healthy lifestyle choices, and seeking support when needed; and

WHEREAS, the rise in mental health issues, including depression, substance use, and suicide among males, calls for increased awareness, better resources, and compassionate outreach to those silently struggling; and

WHEREAS, National Men's Health Week, which takes place each June and was established by federal legislation signed into law by President Bill Clinton in 1994, stands as the central focus of this broader initiative.

NOW, THEREFORE, I, DEREK S. K. KAWAKAMI, MAYOR, COUNTY OF KAUA'I, do hereby proclaim June 2025 as **Men's Health Month**, and encourage all residents to support men's health through awareness, preventive practices, and compassionate care throughout the year.

Derek S. K. Kawakami
Mayor, County of Kaua'i
State of Hawai'i

