

# PROCLAMATION

- WHEREAS,** *Men's Health Month is part of an ongoing international effort to educate men, boys and their families about receiving regular disease prevention screenings and living healthier lifestyles; and*
- WHEREAS,** *nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and*
- WHEREAS,** *Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over national efforts of the officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and*
- WHEREAS,** *Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and*
- WHEREAS,** *the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men.*

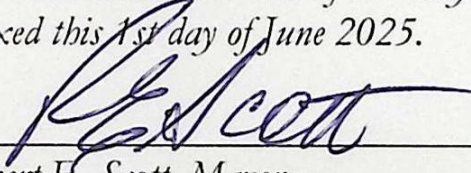
**NOW, THEREFORE, I,** Robert E. Scott Mayor of the City of Sioux City, Iowa, on behalf of the City Council, do hereby proclaim June 9-15, 2025 as

## ***"Men's Health Week"***

*in Sioux City, IA and encourage all citizens to pursue preventative health practices and early detection efforts throughout the year.*



**IN WITNESS WHEREOF,** I have hereunto set my hand and caused the seal of the City of Sioux City, Iowa to be affixed this 1st day of June 2025.

  
Robert E. Scott, Mayor  
City of Sioux City, Iowa

**SIoux<sup>TM</sup>**  
CITY