



## EXECUTIVE PROCLAMATION

*On behalf of The Residents of Anne Arundel County, Maryland*

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS**, Across the United States, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, Men's Health Network is recognized for the creation of, maintenance, and championing of the national efforts to officially observe Men's Health Week and Men's Health Month, as established in 1994; and

**WHEREAS**, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking needed help; and

**WHEREAS**, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS**, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton in 1994, and officially facilitated yearly by the Men's Health Network.

**NOW, THEREFORE**, I, STEUART L. PITTMAN, County Executive, do hereby proclaim June as Men's Health Month and June 9 - 15, 2025, as Men's Health Week in Anne Arundel County and call upon all of our residents to recognize and commend its observance. Given Under My hand and the Great Seal of Anne Arundel County this 1<sup>st</sup> Day of June in the Year of the Lord, Two Thousand Twenty-Five.



A handwritten signature in blue ink, reading "Steuart L. Pittman".

**STEUART L. PITTMAN**  
*County Executive*  
*June 1, 2025*