



Proclamation

City of Spokane Valley, Washington

Men's Health Month

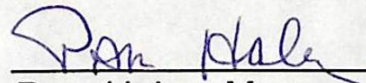
- WHEREAS,** *Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and*
- WHEREAS,** *Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and*
- WHEREAS,** *Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of the officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and*
- WHEREAS,** *The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and*
- WHEREAS,** *The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.*

NOW, THEREFORE, *I, Pam Haley, Mayor of the City of Spokane Valley, on behalf of the Spokane Valley City Councilmembers, do hereby proclaim the week of June 9-15, 2025, as*

Men's Health Week

and I encourage citizens to support the goals of Men's Health Week to help create healthy lives, safe environments, and thriving individuals in our region.

Dated this 8th day of April 2025.


Pam Haley, Mayor