

2024 Men's Health Month

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and,

WHEREAS, The Covid-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and,

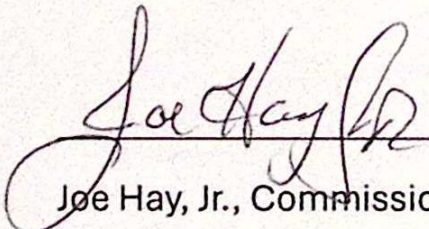
WHEREAS, Men's health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and,

WHEREAS, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and,

WHEREAS, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

WHEREAS, Thousands of organizations across the country and around the globe participate in Men's Health Month, promoting the health and wellness of men, boys, fathers and their families. To help our community celebrate, visit the following: WearBlueDay.org, WearBlueForMensHealth.com, MHNHealthZone.com and MensHealthMonth.org.

NOW THEREFORE, The Saline County Board of Commissioners, Saline County, Kansas, do hereby proclaim June 10-16, 2024, as Men's Health Week and June 2024 as Men's Health Month.


Joe Hay, Jr., Commission Chairman

