

## STATE OF NEW JERSEY EXECUTIVE DEPARTMENT

## Proclamation

WHEREAS, 2024 marks the 30th year of "National Men's Health Month;" and

WHEREAS, this month serves to help educate men and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with African American men having the lowest life expectancy, four years lower than their white counterparts; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventive health practices will be more likely to participate in health screenings; and

WHEREAS, New Jersey Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the residents of the Garden State are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

## JUNE 2024 AS MEN'S HEALTH MONTH

in New Jersey.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this fourteenth of May in the year two thousand twentyfour, the two hundred forty-eighth year of the Independence of the United States.

Lt. GOVERNOR

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GOVERNOR