SAN AUGUSTINE COUNTY COMMISSIONERS COURT

San Augustine, Texas 75972



Proclamation

Men's Health Month

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screening and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease and premature mortality: and.

WHEREAS, The Covid-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and,

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help: and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's health month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

NOW THEREFORE I, JEFF BOYD OF SAN AUGUSTINE COUNTY, TEXAS do hereby proclaim June 10-16, 2024 as Men's Health Week in **SAN AUGUSTINE COUNTY, TEXAS**

Jeff Boyd, County Judge

Tommy Pickard, Precinct

Joey Holloway, Precinct 3

County Commissioner

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Daniel Holman, Precinct 2
County Commissioner

Steve Bryan, Precinct 4 County Commissioner

Attest:

Margo Noble, County Clerk

FILED FOR RECORD

MARGO NOBLE, COUNTY CLERK

MARGO NOBLE, COUNTY CLERK SAN AUGUSTINE COUNTY

SAN AUGUSTINE, JEXAS