The Mariposa County Board of Supervisors

proclaims

The Month of June 2025

as

"Men's Health Month"

and

the week of June 9th through the 15th, 2025

as

"Men's Health Week"

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of the officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking help; and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31st, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

NOW, THEREFORE, BE IT KNOWN, that the Mariposa County Board of Supervisors, a political subdivision of the State of California, proclaims the month of June 2025 as "Men's Health Month" and the week of June 9th through the 15th, 2025 as "Men's Health Week" in Mariposa County.

PASSED AND ADOPTED by the Board of Supervisors of Mariposa County this 10th day of June 2025,

Rosemarie Smallcombe, District I Supervisor

Shannon Poe, District II Supervisor

Danette Toso, District III Supervisor