

**Proclamation of the Board of County Commissioners of
San Miguel County, Colorado, proclaiming June 9-15, 2025,
as "Men's Health Week"
throughout San Miguel County**

Proclamation 2025-05

This Proclamation designates June 9-15, 2025, as "Men's Health Week" throughout San Miguel County.

Whereas, Men's Health Week is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Whereas, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and,

Whereas, Men's Health Network is recognized for creating, maintaining, and championing the officially distinguished national Men's Health Week as established in 1994; and,

Whereas, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

Whereas, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

Whereas, The centerpiece of Men's Health Month is National Men's Health Week, a special time of awareness passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

Now therefore, be it resolved that the San Miguel County Board of County Commissioners proclaim June 9-15, 2025, as Men's Health Month throughout San Miguel County.

Done and approved by the Board of Commissioners of San Miguel County, Colorado, at a duly noticed public meeting held in Telluride, Colorado, on June 11, 2025.