

WHEREAS, Men's Health Month is a part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer heart disease, and premature mortality; and

WHEREAS, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screening, healthy living and seeking needed help; and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

NOW, THEREFORE, BE IT RESOLVED that the City Commission of the City of Coconut Creek, Florida, hereby recognizes June as,

"MEN'S HEALTH MONTH"

and urges the men of our community to take an active role in their well-being by adopting healthy lifestyle practices, obtaining routine medical screenings, and seeking professional support when needed."

IN WITNESS WHEREOF, we have hereunto set our hands and caused the seal of the City of Coconut Creek to be affixed this 1st day of June 2025.

Mayor

Vice Mayor

City Clerk

ATTEST

OCOCO CREEK

Sandra LMulu Commissioner

Commissioner

Commissioner