



proclamation

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease preventions screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectant for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of officially distinguished Men's Health Month and Men's Health Network, as established in 1994; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging gathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and

WHEREAS, The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and me; and

WHEREAS, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network;

NOW, THEREFORE, I, Ken Tedford, Chairman of the Board of the Central Nevada Health District, do hereby proclaim

**the week of June 9-15, 2025 as
MEN'S HEALTH WEEK**

In the cities and counties comprising the Central Nevada Health District, and in so doing call upon all citizens to educate themselves about Men's Health issues to ensure the safety of all who live, learn and play in our community.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the logo of the Central Nevada Health District, to be affixed this 29th day of May 2025.



Ken Tedford

Ken Tedford, Chairman
Central Nevada Health District