

City of  
**MEMPHIS**  
*Proclamation*

**WHEREAS,** despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

**WHEREAS,** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS,** men who are educated about the value of preventative health will be more likely to participate in health screening; and

**WHEREAS,** fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS,** Men's Health Network worked with Congress to develop Men's Health Month as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS,** the Men's Health Month website has been established at [www.menshealthweek.org](http://www.menshealthweek.org) and features resources, proclamations, and information about awareness events; and

**WHEREAS,** Memphis Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular, and colon cancer; and

**WHEREAS,** the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

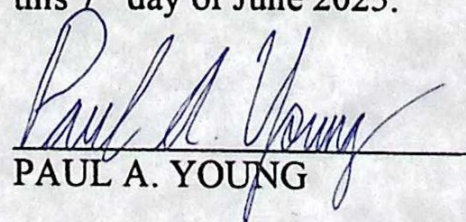
**NOW, THEREFORE, I, PAUL A. YOUNG, MAYOR OF THE CITY OF MEMPHIS, TENNESSEE, do hereby proclaim the month of June as,**

**“MEN’S HEALTH MONTH”**

and encourage all our citizens to adopt preventive health practices and participate in early detection efforts.



**IN TESTIMONY WHEREOF,** I have hereunto set my hand and caused the seal of the City of Memphis to be affixed this 7<sup>th</sup> day of June 2025.

  
PAUL A. YOUNG