

City of Friendswood  
Office of the Mayor



**PROCLAMATION**

I, Mike Foreman, by virtue of the authority vested in me as Mayor of the City of Friendswood, do hereby proclaim the month of June 2025 as

**MEN'S HEALTH MONTH**

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS**, nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, Men's Health Network is recognized for their esteem in the creation of, maintenance, and champion over National efforts of the officially distinguished Men's Health Month and Men's Health Week, as established in 1994; and

**WHEREAS**, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and

**WHEREAS**, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

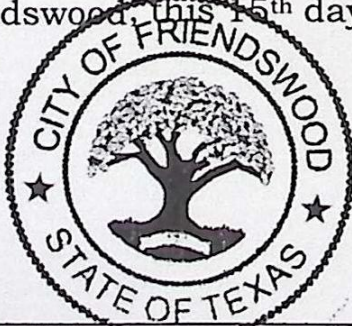
**WHEREAS**, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and officially facilitated yearly by the efforts of Men's Health Network.

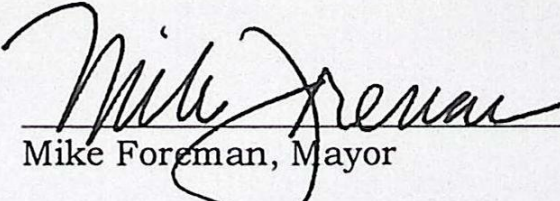
**NOW THEREFORE**, I, Mike Foreman, the Mayor of the City of Friendswood, do hereby proclaim the month of June 2025 as

**MEN'S HEALTH MONTH**

in the City of Friendswood, and I call this observance to the attention of the Friendswood community.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused to be affixed the Seal of the City of Friendswood, this 15<sup>th</sup> day of May, 2025.



  
Mike Foreman, Mayor