



PROCLAMATION

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection, and healthy lifestyles; and

WHEREAS, nationwide, men have a life expectancy approximately six years shorter than women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, men's health issues often go unaddressed, contributing to preventable illness and premature death, and men die on average nearly six years earlier than women, highlighting a significant lifespan gender gap; and

WHEREAS, this disparity is driven in part by "Deaths of Despair," including suicide, substance use, alcohol-related disease, and homelessness, as well as stigma around help-seeking, limited access to care, and gaps in preventive services; and

WHEREAS, Men's Health Month highlights the importance of prevention, early intervention, and healthy behaviors beginning in childhood and continuing throughout life, while encouraging fathers and caregivers to serve as positive role models; and

WHEREAS, National Men's Health Week, observed annually during the week leading up to Father's Day (June 15–21, 2026), promotes awareness and encourages men and boys to take charge of their health; and

WHEREAS, increasing awareness, reducing stigma, and encouraging regular screenings and early support can improve health outcomes for men and strengthen families and communities.

NOW, THEREFORE, I, William S. Cogswell, Jr., Mayor of the City of Charleston, do hereby proclaim June 2026 as:

Men's Health Month


and June 15–21, 2026 as:

Men's Health Week

in Charleston and encourage all residents to support efforts that promote the health and well-being of men and boys.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Charleston to be affixed this 30th day of March 2026.




William S. Cogswell, Jr., Mayor