



Randy Marcum

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PROCLAMATION
Men's Health Month

WHEREAS Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection, and healthy lifestyles; and

WHEREAS Nationwide, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventive care, healthy living, and help-seeking behaviors; and,

WHEREAS The growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men; and

WHEREAS The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, and observed annually through the efforts of Men's Health Network to build healthy empathy, recognition, and understanding of unique health needs facing men and boys.

NOW, THEREFORE I, County Judge Executive Randy Marcum, of Russell County, Kentucky, do hereby proclaim June 15-21, 2026, as Men's Health Week in Russell County, Kentucky.

A handwritten signature in cursive script that reads "Randy Marcum".

Randy Marcum, County Judge Executive
Russell County, Kentucky

