

Proclamation

City of Palm Bay, Florida

NOTICE AND PROCLAMATION OF

MEN'S HEALTH MONTH
June 2026
MEN'S HEALTH WEEK
June 15-21, 2026

IT IS HEREBY PROCLAIMED BY THE MAYOR OF THE CITY OF PALM BAY, BREVARD COUNTY, FLORIDA, that:

WHEREAS, Men's Health Month is a part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection, and healthy lifestyles, and

WHEREAS, nationwide, men have a life expectancy that is approximately six (6) years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality, and

WHEREAS, Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventative care, healthy living, and help-seeking behaviors, and

WHEREAS, the growing epidemic of "Deaths of Despair" including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men, and

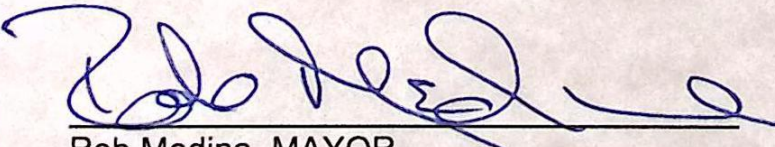
WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys.

NOW, THEREFORE, I, Rob Medina, Mayor of the City of Palm Bay, by virtue of the authority of said office, do hereby proclaim and recognize June 2026 and June 15-21, 2026, as:

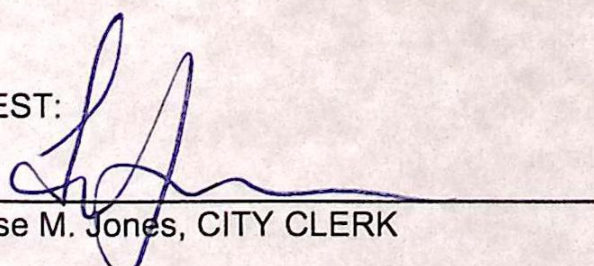
MEN'S HEALTH MONTH AND WEEK

in the City of Palm Bay and ask all citizens to support, and furthermore encourage residents, healthcare providers, businesses, and community organizations to participate in activities and programs that promote men's health and well-being.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Palm Bay to be affixed this Eighteenth Day of March, Two Thousand Twenty-Six.


Rob Medina, MAYOR

ATTEST:


Terese M. Jones, CITY CLERK

