



# PROCLAMATION

PINELLAS COUNTY BOARD OF COUNTY COMMISSIONERS

## MEN'S HEALTH WEEK

**WHEREAS,** Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection and healthy lifestyles; and

**WHEREAS,** Nationwide, men have a life expectancy that is approximately six years shorter than a women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease and premature mortality; and

**WHEREAS,** Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventive care, healthy living and help-seeking behaviors; and

**WHEREAS,** The growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse and homelessness underscores the need to raise awareness of unrecognized and undiagnosed depression, mental stress and emotional distress among boys and men; and

**WHEREAS,** The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law May 31, 1994 and observed annually through the efforts of Men's Health Network to build health empathy, recognition and understanding of the unique health needs facing men and boys.

**NOW, THEREFORE, BE IT PROCLAIMED** by the Pinellas County Board of County Commissioners that June 15 – 21, 2026 be recognized as

## MEN'S HEALTH WEEK

**IN WITNESS WHEREOF,** we have set our hands and caused the seal of Pinellas County, Florida, to be affixed this 15th day of April 2026.

DAVE EGGERS, Chairman

CHRIS LATVALA, Vice Chairman

RENÉ FLOWERS, Commissioner

VINCE NOWICKI, Commissioner

KATHLEEN PETERS, Commissioner

CHRIS SCHERER, Commissioner

BRIAN SCOTT, Commissioner

