

Office of the Mayor  
**Official Proclamation** of the City of Santa Fe  
Bando Oficial de la Villa Real de Santa Fé de San Francisco de Asís Nuevo México

**WHEREAS**, the centerpiece of Men's Health Month is **National Men's Health Week**, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of the Men's Health Network to build empathy, recognition, and understanding of the unique health needs facing men and boys; and

**WHEREAS**, the health and well-being of men and boys are vital to the overall strength and vitality of our communities; and

**WHEREAS**, men are statistically more likely than women to delay seeking medical care, resulting in higher rates of preventable illness and premature death; and

**WHEREAS**, common health concerns affecting men—including heart disease, cancer, diabetes, and mental health conditions—can often be prevented or better managed through early detection, regular check-ups, and healthy lifestyle choices; and

**WHEREAS**, Men's Health Month provides an important opportunity to raise awareness about preventable health problems and encourage early detection and treatment of disease among men and boys; and

**WHEREAS**, this observance also promotes education about healthy living, including regular physical activity, balanced nutrition, mental health awareness, and avoidance of harmful behaviors such as tobacco use and excessive alcohol consumption; and

**WHEREAS**, families, healthcare providers, community organizations, and employers all play a critical role in supporting men's health and encouraging positive health behaviors; and

**WHEREAS**, increasing awareness and education can help reduce stigma around mental health challenges and encourage men to seek support when needed; and

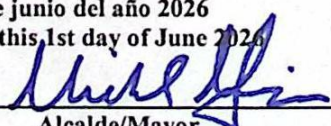
**WHEREAS**, the City of Santa Fe encourage all its citizens to raise awareness of men's health issues, promote healthy living, and support efforts that improve the health and wellness of men and boys in our community.

**NOW, THEREFORE, I, MICHAEL J. GARCIA, MAYOR OF THE CITY OF SANTA FE, NEW MEXICO, DO HEREBY PROCLAIM JUNE 2026, AS**

***"MEN'S HEALTH MONTH"***

Promulgada en el Ayuntamiento, el día  
primero del mes de junio del año 2026  
Done at City Hall, this 1st day of June 2026

Witness my hand:

  
Alcalde/Mayor

