

Shelby County
Board of County Commissioners
Shelby County, Ohio

Proclamation

Men's Health Month June 2026

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys and their families about the importance of preventative health screenings, early detection, and healthy lifestyles; and

WHEREAS, nationwide, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventive care, healthy living, and help-seeking behaviors; and

WHEREAS, the growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to realize awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men; and

WHEREAS, the centerpiece of Men's Health Months is National Men's Health Week, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys; and

NOW, THEREFORE, BE IT RESOLVED, the Board of County Commissioners, Shelby County, Ohio hereby proclaim June 2026 as Men's Health Month; and

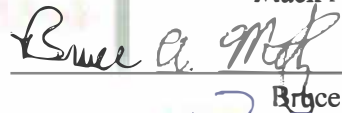
BE IT FURTHER RESOLVED, the Board of County Commissioners, Shelby County, Ohio urge all citizens of Shelby County to wear blue on Fridays in June in observance of National Men's Health Month.

IN WITNESS WHEREOF, We have hereunto subscribed our names and cause this Seal of Shelby County, Ohio, this 2nd day of June, in the Year of Our Lord, Two Thousand Twenty-Six.



THE BOARD OF COMMISSIONERS
SHELBY COUNTY, OHIO


Mack A. Knupp


Bruce A. Metz


Julie L. Ehemann