



Guadalupe County

New Mexico

Proclamation

WHEREAS Men's Health month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early devotion, and health lifestyles: and

WHEREAS Nationwide, men have a high expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease and premature mortality: and

WHEREAS Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventive care, healthy living, and help-seeking behaviors: and

WHEREAS The growing epidemic of "Deaths of Despair" including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men: and

WHEREAS The centerpiece of Men's Health Month is National Health Week, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network build health empathy, recognition and understanding of the unique health needs facing men and boys.

NOW THEREFORE, the Guadalupe County Commission of Guadalupe County do hereby proclaim June 15-21, 2026, as Men's Health Week in Guadalupe County, New Mexico.

Done in Regular Session 21st day of May 2026



Dr. Randal W. Brown
Chairman

Albert Campos, Jr
Vice-Chairman

Ricky A Chavez
Member

ATTEST:

Robert E. Serrano III
County Clerk

