

PROCLAMATION

CITY OF LITTLE ROCK, ARKANSAS

Know Ye All People By These Presents Greetings:

WHEREAS, the month of June is recognized nationally as Men's Health Month, with Men's Health Week observed annually during the week leading up to and including Father's Day, to raise awareness about the health and wellness needs of men and boys; and

WHEREAS, Men's Health Month serves as an important opportunity to encourage preventive healthcare, routine screenings, early detection, and healthy lifestyle choices that can improve quality of life and reduce the risk of serious illness; and

WHEREAS, men and boys continue to experience disproportionately high rates of chronic disease, preventable illness, and premature mortality, highlighting the need for increased education, access to care, and health advocacy; and

WHEREAS, mental health challenges, including depression, suicide, substance misuse, and emotional distress, continue to impact many men and families, underscoring the importance of reducing stigma and encouraging help-seeking behaviors and supportive community resources; and

WHEREAS, fathers, mentors, caregivers, healthcare providers, and community leaders play a vital role in promoting healthy habits and encouraging men and boys to prioritize both their physical and mental well-being; and

WHEREAS, raising awareness about men's health strengthens families and communities by fostering healthier lifestyles, improving health outcomes, and supporting the overall well-being of future generations;

NOW, THEREFORE, I, Frank Scott, Jr., Mayor of the City of Little Rock, Arkansas, do hereby proclaim June 15-21, 2026, as

Men's Health Week

in Little Rock and call upon all residents of the City of Little Rock to join me in encouraging all residents to support efforts that promote health education, preventive care, mental wellness, and healthier futures for men and boys throughout our community.

IN WITNESS THEREOF, I have hereunto set my hand and caused the seal of the City of Little Rock to be affixed on this 15th Day of June, in the year of our Lord, 2026.



A handwritten signature in blue ink, appearing to read "Frank Scott, Jr.", is written over a horizontal line.

Frank Scott, Jr.
Mayor