

**PROCLAMATION OF THE MORRIS COUNTY CLERK'S OFFICE,
MORRIS COUNTY, NEW JERSEY**

WHEREAS, the Morris County Clerk takes great pride in officially recognizing the month of June 2026 as Men's Health Month. Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys while encouraging fathers and caregivers to serve as positive role models through preventative care, healthy living, and help-seeking behaviors; and

WHEREAS; Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventative health screenings, early detection, and healthy lifestyles; and

WHEREAS, Nationwide, men have a life expectancy that is approximately six (6) years shorter than women, and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

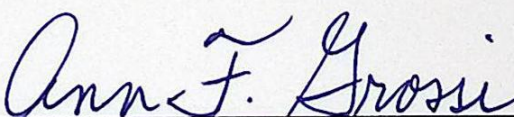
WHEREAS, there is a growing epidemic of "Death of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among men and boys; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Month, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys; and

NOW THEREFORE, Morris County Clerk Ann F. Grossi, Esq., joins with the family, friends, and citizens of the United States in declaring the Month of June 2026 – Men's Health Awareness Month.

AND IT BE FURTHER PROCLAIMED, that I have hereto set my hand and seal this 1st day of June 2026, expressing the highest regard for the Men's Health Network, and do hereby deliver this Proclamation.




ANN F. GROSSI, ESQ.
Morris County Clerk