

# Proclamation

CITY OF ORLANDO - OFFICE OF THE MAYOR

**WHEREAS,** Men's Health Month is part of an ongoing effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS,** nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS,** Men's Health Week is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screening, healthy living, and seeking needed help; and

**WHEREAS,** the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS,** the City of Orlando joins in the recognition of Men's Health Week and encourages men in our community to increase their awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE, I, Buddy Dyer, Mayor of the City of Orlando;** do hereby proclaim June 15-21, 2026, as

## "Men's Health Week"

in the City of Orlando.



*IN WITNESS WHEREOF, I hereunto have set my hand and caused the Seal of the City of Orlando to be affixed this 15th day of June, 2026.*

*Buddy Dyer*  
MAYOR