



CITY COUNCIL

PROCLAMATION

WHEREAS, the City of Raleigh recognizes that the health and well-being of men and boys are vital to the strength of our community, our workforce, and our families; and

WHEREAS, men face unique health challenges, including higher rates of heart disease, cancer, diabetes, and preventable injuries, and are statistically less likely to seek routine medical care or preventive screenings; and

WHEREAS, Men's Health Month serves as a national opportunity to raise awareness about the importance of early detection, healthy lifestyle choices, and equitable access to healthcare for men and boys of all ages; and

WHEREAS, the City of Raleigh is committed to supporting initiatives that encourage physical activity, mental health awareness, nutritious eating, and regular checkups, while also addressing disparities that disproportionately affect men in underserved communities; and

WHEREAS, community organizations, healthcare providers, and local advocates across Raleigh continue to work tirelessly to educate, empower, and engage men in taking charge of their health;

NOW, THEREFORE, do I, Janet Cowell, Mayor of the City of Raleigh, North Carolina, do hereby proclaim June 2026 as

MEN'S HEALTH MONTH



IN WITNESS THEREOF, I have hereunto set my hand and caused the Great Seal of the City of Raleigh, North Carolina, to be affixed this 12th day of May 2026.

Janet Cowell
Mayor