

Rural Municipality of St Clements

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14 April, 2026

RESOLUTION

Resolution # 2026-173

Moved by: Scott Spicer

Seconded by: Dave Sutherland

WHEREAS Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventive health screenings, early detection, and healthy lifestyles;

AND WHEREAS men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality;

AND WHEREAS Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventive care, healthy living, and help-seeking behaviors;

AND WHEREAS the growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men;


AND WHEREAS the centerpiece of Men's Health Month is National Men's Health Week, observed annually through the efforts of Men's Health Network and many partners to build health empathy, recognition, and understanding of the unique health needs facing men and boys;

NOW THEREFORE BE IT RESOLVED THAT the Council of the Rural Municipality of St. Clements, in East Selkirk, Manitoba, does hereby proclaim June 15–21, 2026, as Men's Health Week in the Rural Municipality of St. Clements.

Carried

CERTIFIED to be a true and correct copy of Resolution 2026-173 passed by Council on April 14, 2026.

Dated this 16th day of April, 2026.



Heather Stanik, CMMA
Manager of Administration