



PROCLAMATION

WHEREAS, June is recognized nationally as Men's Health Month, an observance established by Men's Health Network to increase awareness of preventable health problems and encourage early detection and treatment of disease among men and boys; and

WHEREAS, men in the United States, on average, have a shorter life expectancy than women and are more likely to suffer from heart disease, cancer, and other serious health conditions; and

WHEREAS, many of the major health risks facing men, including heart disease, high blood pressure, and certain cancers, can be prevented or treated more effectively through early detection, regular medical checkups, and healthy lifestyle choices; and

WHEREAS, promoting men's health and wellness is vital to strengthening families, improving workplace productivity, and enhancing the overall quality of life within the community; and

WHEREAS, the City of Dover encourages men and boys to take proactive steps toward better health, including regular physical activity, balanced nutrition, mental health awareness, and routine medical screenings; and

WHEREAS, healthcare providers, community organizations, and public health professionals play a critical role in supporting education, prevention, and access to care for men and boys;

NOW, THEREFORE, I, ROBIN R. CHRISTIANSEN, MAYOR OF THE CITY OF DOVER, DELAWARE, do hereby proclaim the month of June 2026 as

MEN'S HEALTH MONTH

in the City of Dover, and encourage all residents, healthcare professionals, and community leaders to promote awareness of men's health issues and support efforts to improve the health and well-being of men and boys throughout our community.

A handwritten signature in black ink, which appears to read "Robin R. Christiansen".

Robin R. Christiansen
Mayor