

MEN'S HEALTH WEEK PROCLAMATION

June 15-21, 2026

- WHEREAS Men's Health Month is part of an ongoing international effort to educate men, boys and their families about the importance of preventive health screenings early detection and healthy lifestyles; and
- WHEREAS Nationwide, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes. Obesity, cancer, heart disease and premature mortality; and
- WHEREAS Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and care-givers to serve as positive role models through preventive care, healthy living and help-seeking behaviors; and
- WHEREAS The growing epidemic of "deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress and emotional distress among boys and men; and
- WHEREAS The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law on May 31, 1914, and observed annually through the efforts of Men's Health Network to build health empathy, recognition and understanding of the unique health needs facing men and boys.

NOW, THEREFORE, WE THE BOARD OF MONROE COUNTY COMMISSIONERS do hereby proclaim June 15-21, 2026 as Men's Health Week in Monroe County, Woodsfield, OH.

Signed this 15th day of June, 2026

Board of Monroe County Commissioners



Mitchell Schumacher, President



L. William Bolon, Vice President



Diane Burkhardt, Member