



PROCLAMATION MEN'S HEALTH MONTH

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about the importance of preventative health screenings, early detection, and healthy lifestyles; and

WHEREAS, Nationwide, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, Men's Health Month provides an opportunity to recognize the mental and physical health needs of men and boys, while encouraging fathers and caregivers to serve as positive role models through preventative care, healthy living, and help-seeking behaviors; and

WHEREAS, The growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men; and

WHEREAS, The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys.

NOW, THEREFORE, the Putnam County Board of Commissioners does hereby proclaim the month of June as MEN'S HEALTH MONTH, with special recognition of June 15-21, 2026 as MEN'S HEALTH WEEK, in Putnam County, Georgia and encourages year-round attention to the health and well-being of boys and men in our community.

Proclaimed this 5th day of June 2026
Board of Commissioners of Putnam County

Chairman B.W. "Bill" Sharp

Commissioner Tom McElhenney

Commissioner Richard Garrett

Commissioner Stephen Hersey

Commissioner Jeffrey G. Wooten

