

Greg Edds, Chairman
Jim Greene, Vice-Chairman
Mike Caskey
Judy Klusman
Craig Pierce



Aaron Church, County Manager
Sarah Pack, Clerk to the Board
John W. Dees, II, County Attorney

Rowan County Board of Commissioners

130 West Innes Street • Salisbury, NC 28144
Telephone 704-216-8181 • Fax 704-216-8195

Proclamation Establishing June 15-21 as Men's Health Week in Rowan County

Whereas, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Whereas, nationwide, life expectancy for men averages six years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

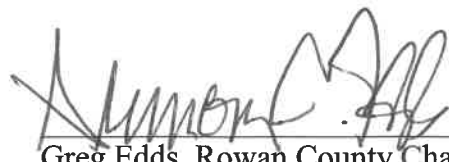
Whereas, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking needed help; and

Whereas, the growing epidemic of "Deaths of Despair," including deaths related to suicide, substance use disorders, alcohol misuse, and homelessness underscores the urgent need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional stress among boys and men; and

Whereas, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law on May 31, 1994, and observed annually through the efforts of Men's Health Network to build health empathy, recognition, and understanding of the unique health needs facing men and boys.

Now Therefore Be It Proclaimed that the Rowan County Board of Commissioners does hereby proclaim June 15 through June 21, 2026, as Men's Health Week in Rowan County, and encourages all men and boys to prioritize healthy living and participate in regular preventative health screenings.

This the 1st day of June, 2026.


Greg Edds, Rowan County Chairman

ATTEST:



Sarah Pack, Clerk to the Board

Equal Opportunity Employer